

**David Rand**  
AHEA Dad's Panel

**\* How do you lead your family?**

1. By being a good example in my actions and by my speech and by my attitude during work, play or rest times!
2. Referring back to the Word of God - Shema Israel – Deuteronomy 6  
“Hear, O Israel: Yahweh our Elohim, Yahweh is one. Love Yahweh your Elohim with all your heart and with all your soul and with all your strength. These commandments that I give you today are to be upon your hearts. Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up. Tie them as symbols on your hands and bind them on your foreheads. Write them on your doorframes of your houses and on your gates.”

**\* How do you support your wife?**

1. Protect my wife physically, relationally, spiritually, emotionally and sexually.
2. Financially provide for my wife and family. Live debt free. I like what Dave Ramsey says, “If you will live like no one else, later you can live and give like no one else.” Check out the following link at <http://www.daveramsey.com/>

**\* What kinds of activities/studies do you do?**

1. Online curriculum: Ron Paul homeschooling curriculum  
<http://www.ronpaulcurriculum.com/> and ‘Life of Fred’ books are our two primary resources.
2. Encourage the kids in their pursuits in music and art lessons, learning a second language, sports, AWANA, and Classical Conversations.
3. Saturday: We rest and often get together with other families; it totally recharges our batteries!!

**\* How do you incorporate godly/Biblical training?**

1. Use Bible verses and Bible stories to teach our children moral and behavioral lessons especially during moments of discipline.
2. We have recently begun to celebrate the Biblical feasts and it has been an eye opening experience for our whole family!! Check out the following link – which may change your life - it is that good!

<https://firstcenturyfoundations.com/product/gods-holy-days/>

**\* How do you balance work and family time?**

1. Listen to my wife who is the feeler in our relationship.
2. Schedule family time and rest time into my calendar.